

Julie Maigret Shapiro is a women's career empowerment coach, dedicated to enhancing opportunities for midlife women. She created Women Who Stay in the Game to inspire women to find their purpose and share their unique gifts with the world. She coaches women on how to renew their passion and create more fulfilling careers and lives. All the most mundane things that you do every day, every week, every month, every year, that somehow become the center of your life. This is the most critical to know and write down, but also the hardest to actually do. But thats what the tickler file is all about! The act of writing down the things that make your life tick, and doing something about it. Its so easy to think that its too much work to make those day to day to dos into something more than chores. And thats easy enough, after a while you just write them down for the day. But then you forget. And slowly things start to crawl back into the bushes and wait for the next day to create havoc. Its very easy to put off what needs doing. Easier to give up, or procrastinate. It may take a week, a month, a year, but you can make the change. And you will be glad that you did. I Have this awesome special offer with Tickle Me Book that I couldn't pass up. For \$10.00, you get one of my one of the biggest resources available on LinkedIn. It is a powerful tool that I use every day to generate leads, find new positions, and get my voice heard by hiring managers who want to hire me. Its called Twitter @Tickle Me Book. <http://www.ticklemebook.com/affiliate/julie/> f. 'My Way' Questionnaire. I have a free questionnaire on my website, which was designed to help people discover who they are. I've adapted it into a questionnaire that can be used to help determine what a tickler file would need. Its under 'My Way' on the My Way page.

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